



ANGKOR WAT
SPA ROOM
O SPA MAIS PEQUENO DO MUNDO

THE ANGKOR WAT SPA TEAM WELCOMES YOU TO HOTEL INFANTE SAGRES. OUR SPA IS A UNIQUE SPACE, WITH AN ATMOSPHERE INSPIRED IN THE TEMPLE AT ANGKOR WAT RUINS, IN CAMBODJA.

WE EXPECT YOUR VISIT DURING YOUR STAY, SO THAT WE CAN PAMPER YOU WITH MOMENTS OF PURE PLEASURE

AYURVEDIC MASSAGES

ABHYANGA MASSAGE 60M 74€

ABHYANGA MASSAGE DOUBLE (SIDE BY SIDE) 60M 140€

A FULL BODY MASSAGE, MADE WITH WARMED ORGANIC OILS. THIS MASSAGE WILL NOT ONLY MAKE YOU FEEL A WARM SENSATION THROUGHOUT YOUR SKIN, IT WILL RELAX AND REVITALIZE YOU AND BALANCE YOUR BODY AND MIND. THIS WILL HELP YOU TO ELIMINATE TOXINS, REJUVENATE THE SKIN AND RELIEVE MUSCULAR TENSIONS.

FULL BODY MASSAGE 90M 94€

FULL BODY MASSAGE DOUBLE (SIDE BY SIDE) 90M 180€

AFTER THE FULL BODY MASSAGE, TAKE A MOMENT TO PAMPER AND RELAX YOUR FACE AND HEAD. YOU WILL FEEL LIGHTNESS AND WELL-BEING, DUE TO THE BENEFITS OF THE AYURVEDIC HEATED OILS USED IN THE MASSAGE.

AYURVEDIC MASSAGE 60M 85€

AYURVÉDICA MASSAGE DOUBLE (SIDE BY SIDE) 60M 160€

REVITALIZING MASSAGE PERFORMED ON THE GROUND WITH THE PATIENT SUPINE AND WITH THE APPLICATION OF WARM ESSENTIAL OILS. PROMOTES STRETCHING THROUGH SPECIAL HANDLING AND IS A RELAXING MASSAGE THAT REORGANIZES AND CORRECTS BOTH THE DEPARTURES AS MUSCLE ENERGY, IE RESTORES THE BALANCE OF PHYSICAL AND ENERGETIC BODY RELEASING THE VITAL ENERGY OR KI BLOCKED STAGNANT.

NECK & BACK MASSAGE 40M 50€

A SPECIFIC MASSAGE TO THE SPINE THAT WILL RELIEVE YOU FROM MUSCULAR PAINS AND BALANCE THE SPINE ENERGETIC FLUXES.

RELAXING HEAD & FACE MASSAGE 30M 40€

TAKE A MOMENT TO PAMPER AND RELAX YOUR FACE AND HEAD. YOU WILL FEEL LIGHTNESS AND WELL-BEING, DUE TO THE BENEFITS OF THE AYURVEDIC HEATED OILS USED IN THE MASSAGE.

FEET MASSAGE 30M 40€

RELIEVE YOUR BODY FROM THE INTENSE CHARGES THAT WE DAILY SUFFER AND LET YOUR SELF FEL RELAXED, LIGHT AND RENEWED.

SEA SALT BATH 30M 40€

FEEL THE BENEFITS OF THE SEA SALT, AS IT WILL HELP TO BALANCE THE METABOLISM AND THE IMMUNOLOGIC SYSTEM. INDULGE YOURSELF IN A WARM BATH, AROUND 30°/36°C. RELAX AND ALLOW YOUR SKIN ABSORB THE ESSENTIAL ELEMENTS THAT OUR ORGANISM MOST NEED.

AT THE END OF THE BATH IS DONE ONE INVOLVING THE WHOLE BODY WITH MEDICATED OILS ENRICHED WITH SEA SALTS AND BECOMES A TEA-BASED MARINE COMPONENTS FOR REPLACEMENT OF FLUIDS IN THE BODY. IT IS AN INVIGORATING THERAPY SHOULD BE DONE ONCE A WEEK.

NOTE: IN THE AYURVEDIC THERAPIES, YOU WILL BE INVITED TO HAVE A RELAXING TEA PRIOR TO THE TREATMENT. AT THE END, AN AYURVEDIC TEA SWEETENED WITH HONEY AND A GREEN APPLE WILL BE OFFERED. THIS WILL RESTORE THE LIQUIDS IN THE ORGANISM.



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THERAPIES

SHIATSU 50M 60€

IN SHIATSU, THE THERAPIST USES HIS FINGERS, HANDS AND ELBOWS TO MAKE PRESSURE IN THE "TSUBO" POINTS. THIS MASSAGE ACTS ON THE MERIDIENS TO STIMULATE THE INTERNAL HEALING POWERS OF OUR BODY.

REFLEXOLOGY 50M 50€

THIS THERAPY CONSISTS IN PRESSING SPECIFIC POINTS OF OUR FEET AND HANDS IN ORDER TO PROMOTE THE HEALING IN A REFLEX AREA OR ORGAN OF OUR BODY. A THERAPY THAT RELAXES THE BODY, MIND AND SPIRIT (TREATING THE WHOLE PERSON). NORMALIZES BODY FUNCTIONS, IMPROVES THE IMMUNE SYSTEM, IMPROVES BLOOD CIRCULATION AND NERVE COMMUNICATION. RELIEVES PAIN.

MYSTIC MASSAGE 1H30 85€

MYSTIC MASSAGE DOUBLE (SIDE BY SIDE) 1H30 160€

THIS MASSAGE IS PERFORMED IN A "TATAMI", A TRADITIONAL JAPANESE MAT. IT STARTS WITH THE OPENING OF THE CHAKRAS WITH A TIBETAN BOWL AND, AT THE SAME TIME, WITH A SPECIFIC MANTRA FOR EACH CHAKRA. THERAPEUTICAL OILS ARE USED FOR A RELAXATION MASSAGE. AT THE END OF THE THERAPY, THE TIBETAN BOWL RITUAL IS USED TO CLOSE THE CHAKRAS, WHERE A PROFOUND REST WILL BE FOUND.

TIBETAN BOWLS THERAPY 60M 70€

THIS IS MAINLY AN ESPIRITUAL EXPERIENCE, THROUGH A VIBRACIONAL HOLISTIC THERAPY. THE SOUNDS AND ULTRA-SOUNDS ISSUED BY THE BOWLS ACT DIRECT AND INDIRECTLY THROUGH THE HUMAN ORGANISM, BRINGING A DEEP RELAXATION AND AN IMMEDIATE SENSATION OF WELL-BEING.

REVITALIZING BACK TREATMENT 30M 35€

THERAPEUTIC MASSAGE WITH SHIATSU AND TUI-NA MOVEMENTS AND TECHNIQUES. IT IS PERFORMED IN AN ERGONOMIC CHAIR, GIVING MORE ATTENTION TO HEAD, SHOULDERS, BACK AND ARMS, SO THAT YOU CAN FEEL TOTALLY RELAXED.

HOT STONES MASSAGE 1H 75€

BODY MASSAGE WITH HOT VOLCANIC STONES, WORKING DEEPLY IN THE MUSCLES. IT GIVES A DEEP FEELING OF RELAXATION.

ALL PRICES INCLUDE VAT

THE PRICES CAN BE CHANGED WITHOUT PRIOR NOTICE.